Fencing I:
Fencing I is an introductory course for those with limited or no previous experience in fencing. It will teach students the fundamental rules, combat, and footwork required for electric fencing in foil. Students are taught to attack and defend and appreciate the sportsman-like aspect of fencing. While the course focuses primarily on foil, students will also get the chance to learn how to use an épée and sabre. All equipment is provided except for a fencing glove, which can be purchased during the first two weeks of classes for a nominal fee from your instructor.

Fencing II:
This is an intermediate level course for students moving up from Fencing I or students with some previous experience in fencing. Students will learn more advanced footwork, parries, ripostes and lunges with a heavy focus on timing. This course will introduce competitive fencing for foil and épée in a tournament format. All equipment is provided except for a fencing glove, which can be purchased during the first two weeks of classes for a nominal fee from your instructor. *Note* Sabre fencers with previous experience should register to Fencing III as this course will not be offering instruction in sabre*

Fencing III:
This is an advanced level course for students moving up from Fencing II or students at the competitive level in fencing. This course is designed to train fencing skills and techniques required for competitions. It focuses heavily on cardio, stamina, precision, techniques, and timing. All equipment is provided except for a fencing glove, which can be purchased during the first two weeks of classes for a nominal fee from your instructor.