Latin & Social Dance
Learn basic steps and few simple but impressive combinations of Salsa, Merengue, Bachata (the sexy, sensual dance from Dominican Republic) the Cha-cha-cha, Tango, Brazilian Samba (move with diabolic rhythm, learn how to move your hips to impress). Geared to novices, the class allows everyone to get the feel of how to dance. Those who want to improve their cardio this is a perfect program. It is like traveling to South America and the Caribbean. Anywhere you go YOU CAN DANCE if you know the steps! Viva Carnival!